

# SPT-6B

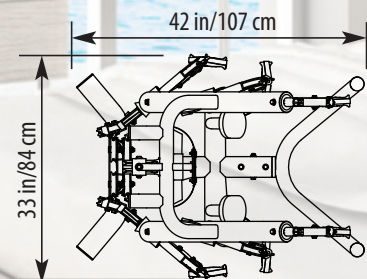
## BASE SIX-PAK TRAINER

- SPT-6X main frame combined with a V-shaped support designed to provide access for most size stability balls and benches.
- Open frame, allows unlimited full body training utilizing stability balls, balance boards, Bosu trainers, benches and ground based movements.
- 150 lbs. steel weight stack. (optional 200 lbs.)

**LIFETIME WARRANTY – FOR HOME USE ONLY.**



(Stability ball as shown is not included)



Height: 80 in/203 cm  
Weight: 400 lb/181 kg

**6 pre-set pulleys optimally positioned in three training zones, deliver dozens of full body exercises.**



High Pulley Station



Mid Pulley Station



Low Pulley Station



Stability Ball Workout



Customize Your Workout