



## **CCD-347** Chin/Dip/VKR/Ab Crunch/Push-Up

- Space efficient with multiple exercise options such as chin-ups, dips, knee raises, ab crunches and push-ups.
- Knurled nickel plated multi-grip pull-up station for wide, narrow, reverse and neutral grip upper body exercises.
- Dual function support pad designed for VKR back support as well as ab crunch board.
- Maximum weight 400 lb/181 kg

LWH: 44 x 45 x 84 in/112 x 114 x 213 cm

WT: 175 lb/79 kg

# body weight