

# core



## **CAB-335**

### **Adjustable Abdominal Bench**

- 11-position adjustable exercise intensity from 30° angle to flat.
- Built in handle for performing reverse abdominal exercises.
- Comfortable padded foot supports.
- Transport wheels allow easy roll-away.
- Maximum weight: 400 lb/181 kg

LWH: 59 x 37 x 54 in/150 x 94 x 137 cm

WT: 85 lb/39 kg



## **CMA-320**

### **Mini Ab Bench**

- Fixed 30° decline angle for sit-ups and decline exercises.
- Self-aligning comfortable padded footrolls to accommodate different leg lengths.
- Built-in wheels for easy roll-away.
- Maximum weight: 400 lb/181 kg

LWH: 44 x 27 x 22 in/112 x 69 x 56 cm

WT: 42 lb/19 kg