

# BH FITNESS

## SPECIFICATIONS

<b>WEIGHT</b> -----	55 KG
<b>LENGTH</b> -----	239 CM
<b>WIDTH</b> -----	52 CM
<b>HEIGHT</b> -----	117 CM
<b>TRANSMISSION</b> -----	POLY- V BELT
<b>RESISTANCE SYSTEM</b> -----	ELECTROMAGNETIC BRAKE
<b>INTENSITY LEVEL</b> -----	16 LEVELS
<b>MONITOR</b> -----	DUAL LCD BACKLIGHT 5.5 INCHES
<b>DATA READABOUT</b> -----	TIME/SPM/DISTANCE /CALORIES/WATTS /PULSE/TIME/RESISTANCE
<b>TRANSPORT</b> -----	YES



## R590 PROFESSIONAL ROWER

## DESCRIPTIONS

### MAGNETIC + AIR COMBINATION AUTO CONTROLLER

Airflow control gives the user a fixed load and controlled by an adjustable magnetic system. It provides the smoothest rowing action and has a magnetic brake system that provides a quiet rowing experience, through an extensive range of tensions

### PROFESSIONAL PROGRAMS

The R590 Rower is equipped with a sophisticated on-board workout console that is designed for a professional rowing player to practice indoors. The easy controlled button makes selections more convenient and easy!  
Programs: Manual | White Water | Ramp | Pacer | Interval | User Profile | Watts Control | Heart Rate

### PREMIUM FOOT SUPPORT

Angled foot rest with pivoting heel support gives any user a comfortable workout position and the quick stretch foot straps allows you to get ready within a few seconds.



### EXTRA LONG ROW BEAM

The long glide rail also means it suits taller users, so if you're built, you'll be just fine!



### ALUMINUM TRACK

The high quality aluminum power-coated frame with deep lacquer finish could eliminate the friction to provide the quiet and smooth movement.



### DURABLE CONSTRUCTION

The higher engineered heavy duty frame is tough and built to last, and does not need to much maintenance.



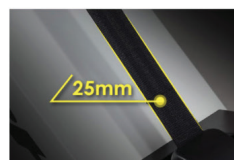
### ADJUSTABLE MONITOR

The adjustable 5.5" blue backlight monitor allows everyone to find their best viewing angle, according to the perfect rowing position.



### STORAGE AND MOBILITY

You don't need any tool to fold the rower, and the transportation wheels allow the movement to be more convenient.



### COMMERCIAL BELT DRIVE

Better than chain, the nylon strap is quiet, maintenance free and need no lubrication.

