

GENESIS DUAL STATION GS31 ABDOMINAL CRUNCH AND LOWR BACK

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FEATURES

Strengthen your core muscles with the DUAL SERIES GS31 Abdominal Crunch & Lower Back machine. This equipment allows you to perform controlled abdominal crunches and lower back extensions, targeting your core for improved stability and strength.

PRODUCT SPECIFICATION

MODEL GS31 ABDOMINAL CRUNCH AND LOWER BACK

WEIGHT STACK 80 KG

DIMENSION 142 X 120 X 218

TOTAL WEIGHT 205 KG

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