

# GENESIS SINGLE STATION GS11 BACK EXTENSION

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## FEATURES

The Single Series GS11 Back Extension machine is an excellent tool for building a strong and resilient lower back. It specifically targets your erector spinal muscles, helping you improve your posture, prevent lower back pain, and enhance your overall back strength.

## PRODUCT SPECIFICATION

MODEL	GS11 BACK EXTENSION
WEIGHT STACK	80 KG
DIMENSION	143 X 117 X 163 CM
TOTAL WEIGHT	225 KG

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<http://www.gymost.com/>