

GENESIS PLATE LOADED GPL05 SEATED CHEST PRESS AND LAT PULL DOWN

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FEATURES

The GPL05 Seated Chest Press & Lat Pull Down machine offers a comprehensive solution for total upper body conditioning. With the seated chest press and lat pull down features, you can target multiple muscle groups in your upper body. The seated chest press focuses on sculpting your chest muscles, while the lat pull down engages your back and arm muscles. This combination ensures that you achieve a balanced and well-developed upper body.

PRODUCT SPECIFICATION

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| MODEL | GPL05 SEATED CHEST PRESS AND LAT PULL DOWN |
| MAIN FRAME TUBE SIZE | 32 MM |
| DIMENSION | 2150 X 1690 X 2030 MM |
| GROSS WEIGHT | 210 KG |

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