



CFB-305

Flat Bench

- Designed for heavy dumbbell workouts and general bench exercises.
- Heavyweight construction yet compact and moveable.
- Built-in wheels for easy roll-away.
- Maximum weight: 400 lb/181 kg

LWH: 56 x 27 x 18 in/142 x 69 x 46 cm

WT: 50 lb/23 kg

CAC-365

Seated Arm Curl Bench

- Large contoured arm support pad offers multiple angles for additional training options.
- Arm pad is height adjustable and can be converted into lower back pad for utility seat exercises.
- Padded bar cradles protect paint finish from scratches and chipping.
- Maximum weight: 400 lb/181 kg

LWH: 44 x 28 x 40 in/112 x 71 x 102 cm

WT: 75 lb/34 kg

CHE-340

Adjustable Hyper-Extension Bench

- Adjustable from 42° hyper angle to full roman chair workout position.
- Telescoping foot support adjustment to accommodate various height users.
- Comfortable trunk support with built-in handles.
- Built-in wheels for easy roll-away.
- Maximum weight: 400 lb/181 kg

LWH: 56 x 37 x 34 in/142 x 94 x 86 cm

WT: 90 lb/41 kg

specialty